#### Find out more:

www.ecch.org "Education and Research"



Contact the Research Team: research@ecchcic.nhs.uk

#### **#ECCHResearch**



For help with queries about ECCH's services, or to provide feedback, contact our Patient Advice and Liaison Service:

**S Tel:** 01502 445447

Email: patientliaison@ecchcic.nhs.uk

#### Or write to:

PALS, East Coast Community Healthcare, Hamilton House, Battery Green Road, Lowestoft, NR32 1DE



If you would like this leaflet in large print, audio cassette, Braille or in a different language, please contact us on **01502 445447**.

Jei šios publikacijos kopija noretumete gauti savo kalba prašome susisiekti su telefono numeriu: **01502 445447**.

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Bu yayinin kendi dilinizde bir nüshasini isterseniz, lütfen **01502 445447** nolu telefondan ile temasa geçiniz.

Se pretender uma cópia desta publicação no seu idioma, por favor contacte no número **01502 445447**.



# Research

## at East Coast Community Healthcare





#### Why we like research

Research helps us understand illnesses and how treatments work.

Research helps us answer questions about healthcare.

The information helps us decide on the best options for future healthcare.

#### Get involved!



Taking part in research can be really **rewarding**.



Being part of a study can help you **learn more** about your own health.

### Types of research

We can find out more in lots of ways.

#### Drug studies



We look at how medicines work.

# Questionnaires



We ask questions to find out what people think and feel.

#### **New services**



We try out any new ideas to see how well they work.

#### Interviews



We talk to people to find out what they have experienced.



## Being asked to take part

Anyone who helps with your health and who is trained might ask you about taking part in research.

If a team are running a research study they will know who they can ask to be part of it.

## Saying "no"

You can always say "No" or change your mind about taking part.

This won't change anything about the care you normally have.