

CHOKING (Adult/Child)

If your casualty is choking...



Encourage them to cough



If this does not work, give 5 back blows



If this does not work, give 5 abdominal thrusts



If there is no improvement after **1 cycle** then you must call for an ambulance.....

Continue to repeat the process of 5 back blows, 5 abdominal thrusts.....

Be prepared to commence CPR !!